Curriculum vitae Name: NIKOLETTA MARGARI

Current Position: Associate Professor

Scientific Domain: Pathological Nursing with emphasis on the nutritional care of cancer

patients

Code APELLA: 1764

Sector: C "Pathological and Surgical Nursing"

Administrative positions: Director of sector C of Pathological - Surgical Nursing (2019-

2020)

Member of the Coordinating Committee of the MPS "Neurological Diseases-Modern

Practice Based on Evidence"

Laboratory: ICU Follow up-Care Lab

Tel: 210 538-5613/5616 **Email:** nmargari@uniwa.gr

Research Gate id: https://www.researchgate.net/profile/Nikoletta-Margari **Google Scholar Profile**: https://scholar.google.com/citations?user=szBP-

LUAAAAJ&hl=en

ORCID ID: https://orcid.org/0000-0002-3892-3914

Pubmed: https://pubmed.ncbi.nlm.nih.gov/?term=Margari+Nikoletta

Education

Doctorate, Department of Nursing, National and Kapodistrian University of Athens

Master's Degree in Health Services Management, National School of Public Health

Postgraduate Program in Research Methodology, National and Kapodistrian University of

Athens

Degree in Nursing, National and Kapodistrian University of Athens

Degree in Nursing, Athens University of Applied Sciences

Academic Appointments

2018 until today: Assistant Professor at the Department of Nursing, University of West Attica, 2015-2018 Assistant Professor at the Department of Nursing, Athens University of Applied Sciences, 2010-2015 Professor of Applications at the Department of Nursing, Athens University of Applied Sciences.

1990 to 2009: Part-time Professor in the departments of Nursing and Health Visitors of the Athens University of Applied Sciences.

At Postgraduate level: MSc "Chronic Disease Management": Specialization "Oncology and Palliative Care", Specialization "Neuroscience" and Specialization "Education and care in diabetes". MSc "Neurological Diseases - Modern Evidence-Based Practice» in the University of West Attica.

Professional Experience

Nurse and Head of Nursing Department at the General Hospital "Georgios Gennimatas"

Research Interests

Pathological Nursing, Nutritional Health Care, Oncology Nursing, Infections, Health Unit Management, Neurological Nursing, Health Technology

Teaching Areas

Undergraduate courses:

Nutritional Health Care, Pathological Nursing, Infections Nursing, Neurological Nursing, Pathophysiology, Clinical Nursing

Postgraduate courses:

Nursing Care for Patients with Eating Disorders, Neurological Diseases, Diabetes Technology, Healthcare Management

Recent Publications

Margari, N., Karapoulios, D., Getsios, I., Rizou, V., Kostopoulou, S., Balodimou, C., & Siagouli M. (2016). Anxiety and Depression in Lung Cancer Patients, International Journal of Caring Sciences, Vol. 9 /Issue 1 / pp: 308-313.

Φλώρου Α., Μάργαρη Ν., Θεοφανίδης Δ. (2016). Ενδείξεις ένταξης ασθενών σε εξωνεφρική κάθαρση. Health and Research Journal HRJ, 2(3):162-177.

Dafogianni, C., Alikari, V., Poli, A., Mpilero, E., Gerali, Maria, Margari N., & Zyga, S. (2016). Assessment of insulin treatment – related knowledge among nurses in Pediatric Hospitals. IOSR Journal Of Pharmacy, Volume 6, Issue 4, pp. 20-25.

Lymperopoulos, G., Lymperopoulos, P., Alikari, V., Dafogianni, C., Zyga, S., & Margari, N. (2017). Application of Theranostics in Oncology. Advances in Experimental Medicine and Biology, 989, 119–128.

Lymperopoulos, G., Lymperopoulos, P., Alikari, V., Dafogianni, C., Zyga, S., & Margari, N. (2017). Applications for Electrical Impedance Tomography (EIT) and Electrical Properties of the Human Body. Advances in Experimental Medicine and Biology, 989, 109–117.

Govina, O., Vlachou, E., Lavdaniti, M., Kalemikerakis, I., Margari, N., Galanos, A., & Kavga, A. (2017). Psychometric Testing of the Student Evaluation of Clinical Educational Environment Inventory in Greek Nursing Students, Global Journal of Health Science; 9(5):241-25.

Lymperopoulos, G., Borrello. M., & Margari, N. (2018). Multiple Model Adaptive Control of

Valve Flow Using Event-Triggered Switching. IEEE Conference on Control Technology and Applications (CCTA), pp. 121-126.

Vlachou, E., Owens, D.A., Lavdaniti, M., Kalemikerakis, J., Evagelou, E., Margari, N., Fasoi, G., Evangelidou, E., Govina, O., & Tsartsalis, A.N. (2019). Prevalence, Wellbeing, and Symptoms of Dysmenorrhea among University Nursing Students in Greece. Diseases, Jan 8;7(1):5.

Bartzoki Stasini, F., Margari, N., Fasoi, G., Kelesi, M., & Dafogianni, C. (2020). Quality of Life among Patients with Diabetic Foot Ulcer. International Journal of Caring Sciences, Vol. 13, Iss. 2: 1073-1080.

Lavdaniti, M., Margari, N., Chavela, A., Mantzanas, M., Chatzi, I., Fradelos, E. C., Tilaveridis, I., & Tzavelas, G. (2020). The incidence of nausea and vomiting in cancer patients in Greek clinical practice: A longitudinal study. Contemporary oncology (Poznan, Poland), 24(2), 112–117.

Vasilopoulos, G., Makrigianni, P., Polikandrioti, M., Tsiampouris, I., Karayiannis, D., Margari, N., Avramopoulou, L., Toulia, G., & Fasoi, G. (2020). Pre- and Post-Operative Nutrition Assessment in Patients with Colon Cancer Undergoing Ileostomy. International Journal of Environmental Research and Public Health, 17(17), 6124.

Δοκουτσίδου Ελένη, Μάργαρη Νικολέττα, Φούσκας Ηλίας, Μισυρλής Δημήτριος, Πολυμέρου Ευθυμία, Γιακουμιδάκης Κωνσταντίνος, Αδαμακίδου Θεοδούλα. (2021). Αξιολόγηση των Νοσηλευτικών Πρακτικών σχετικά με την Εντερική Διατροφή στη Μονάδα Εντατικής Θεραπείας. ΝΟΣΗΛΕΥΤΙΚΗ 2021, 60(2): 194–206.

Stylianou, C., Kalemikerakis, I., Vastardi, M., Kavga, A., Margari, N., Dokoutsidou, E., Konstantinidis, T., & Govina, O. (2021). Assessment of oncology patients' satisfaction from intravenous chemotherapy. Journal of B.U.ON.: official journal of the Balkan Union of Oncology, 26(5), 2176–2182.

Demeneopoulou, S., Mantzorou, M., Mandysova, P., Margari, N., Dokoutsidou, E., Tsiligianni, A., Tsiou, C., & Adamakidou, T. (2021). Translation and Validation of the "Brief Bedside Dysphagia Screening Test" in Greek neurological patients. OBM Geriatrics, volume 5, issue 2.

Dafogianni, C., Pappa D., Koutelekos I., Mangoulia P., Ferentinou E., & Margari N. (2021). Stress, Anxiety and Depression in Nurses during COVID-19 Pandemic: Evaluation of Coping Strategies. International Journal of Nursing, Vol. 8, No. 1, pp. 1-10.

Pappa D., Koutelekos I., Evangelou E, Dousis E, Gerogianni G., Misouridou E., Zartaloudi A., Margari N., Toulia G., Mangoulia P., Ferentinou E., Giga A., Dafogianni CH. (2022).

Conferences-Other Activities

Publications of papers and abstracts in volumes of proceedings of international and Greek conferences with a reviewers system

Writing and editing Nursing Science books

Posters and lectures in Greek and international conferences, workshops, symposia

Member of the Editorial Board of the Magazine "Rostrum of Asclepius"

Secretary of the Education Department of the National Nurses Association of Greece

Member of the Hellenic Nurses Association