

CURRICULUM VITAE	NAME: Victoria Alikari
<p>Current Position: Assistant Professor of Renal Nursing Scientific Domain: Renal Nursing (Code APELLA):32593 Sector: Community Nursing and Public Health Nursing Laboratory: Nursing Rehabilitation of Chronically ill Lab (Building 13, 102) Tel: 2105385649 Email: vicalikari@uniwa.gr Research Gate id: https://www.researchgate.net/profile/Victoria-Alikari-2 Google Scholar Profile: https://scholar.google.com/citations?hl=el&user=85Ax1ckAAAAJ&view_op=list_works&alert_preview_top_rm=2&sortby=pubdate Web of Science: https://publons.com/researcher/4473688/victoria-alikari/ Orcid ID: https://orcid.org/0000-0003-1733-6208 PubMed: https://pubmed.ncbi.nlm.nih.gov/?term=alikari+victoria</p>	
Education	
<p>1997: Degree in Nursing, Department of Nursing, Technological Educational Institute of Athens. 2003: Degree in Nursing, Department of Nursing, National & Kapodistrian University of Athens (2003) 2007: Master of Science in Clinical Nursing "Infection Prevention and Control" Department of Nursing, National & Kapodistrian University of Athens 2017: Doctoral Degree, Department of Nursing, University of Peloponnese 2021: Post-Doctoral Research, Department of Nursing, University of Peloponnese.</p>	
Academic Appointments	
<p>2008-2018: Laboratory collaborator, Department of Nursing, Technological Educational Institute of Athens 2018-2019: Academic Scholarship, Department of Nursing, University of West Attica. 2019-2024: Lecturer, Department of Nursing, University of West Attica. 2024 - : Assistant Professor, Department of Nursing, University of West Attica.</p>	
Professional Experience	
<p>1999–2000: Nurse of Nephrology Department-Perit. Dial. Unit, GNA Gennimatas Hospital. 2001-2019: Nurse of Nephrology Department-Peritoneal Dialysis Unit, Infection Control Nurse, and Head Nurse of Plastic Surgery Clinic-Burns Unit, G.N.A. Gennimatas Hospital of Athens.</p>	
Research Interests	
<p>Nephrology Nursing, Health-Related Quality of Life, Patient Education, Infection Control.</p>	
Teaching Areas	
<p>Undergraduate courses: 1) Renal Nursing, 2) Nursing of Occupational health and Safety, 3) Epidemiology. Postgraduate courses: Teaching in Master's Degree Programs of Department of Nursing of University of West Attica and the Department of Nursing, National & Kapodistrian University of Athens.</p>	
Recent Publications	
<ol style="list-style-type: none"> Halki E, Kapiri M, Plakas S, Tsiou C, Govina O, Galanis P, Alikari V. (2024). Fatigue among Greek parents of children with autistic spectrum disorder: The roles of spirituality and social support. <i>Healthcare</i>, 12(4), 455 Londoudi A, Skampardonis K, Alikari V, Prapa PM, Toska A, Saridi M, Lavdaniti M, Zyga S, Fradelos EC. (2024). Assessment of the relationship between fear of cancer recurrence, spiritual well-being, and mental health among cancer patients: a cross-sectional study. <i>Nursing reports</i>, 14(1), 317–327. Roussou E, Fasoi G, Stavropoulou A, Kelesi M, Vasilopoulos G, Gerogianni G, Alikari 	

- V.** Quality of life of patients with pressure ulcers: a systematic review. *Medicine and Pharmacy Reports*, 2023, 96(2), 123-130.
4. Kalini, S., Zartaloudi, A., Kavga, A., Stamou, A., **Alikari, V.**, Fradelos, E. C., & Gerogianni, G. (2023). Investigation of anxiety and health locus of control in patients undergoing hemodialysis. *Adv. Exp. Med. Biol.* 1425, 47–57.
 5. Fradelos, E. C., Papathanasiou, I. V., Dafogianni, C., Misouridou, E., Koutelekos, I., Dousis, E., Vlachou, E., Evangelou, E., **Alikari, V.**, Gerogianni, G., Polikandrioti, M., & Zartaloudi, A. (2023). The effect of psychological resilience and coping strategies on mental health of nurses. *Adv. Exp. Med. Biol.* 1425, 23–30.
 6. Vasilaki, M., Vlachou, E., Kavga, A., Govina, O., Dokoutsidou, E., Evangelou, E., Ntikoudi, A., Mantoudi, A., **Alikari, V.** (2023). Fatigue among patients with type 2 diabetes mellitus: The impact of spirituality and illness perceptions. *Healthcare*. 11(24),3154.
 7. **Alikari V**, Matziou V, Tsironi M, Theofilou P, Giannakopoulou N, Tzavella F, Fradelos EC, Zyga S. Patient knowledge, adherence to the therapeutic regimen, and quality of life in hemodialysis *Adv Exp Med Biol.* 2021;1337:259-272.
https://doi.org/10.1007/978-3-030-78771-4_29.
 8. Alimperti A, **Alikari V**, Tsironi M, Rojas Gil A. P, Papageorgiou D, Kolovos P, Panagiotou A, Panoutsopoulos GI, Lavdaniti M, Zyga S. (2023). Lipid disturbances in breast cancer patients during chemotherapy. *Nursing Reports*, 13(4), 1500–1510.
 9. Fotaraki Z, Gerogianni G, Vasilopoulos G, Polikandrioti M, Giannakopoulou N, **Alikari, V.** Depression, adherence, and functionality in patients undergoing hemodialysis. *Cureus*. 2022; 14(2): e21872.
 10. Benetou S, **Alikari V**, Vasilopoulos G, Polikandrioti M, Kalogianni A, Panoutsopoulos GI, Toulia G, Leftheriotis D, Gerogianni G. Factors associated with insomnia in patients undergoing hemodialysis. *Cureus*. 2022; 14(2): e22197.
 11. Tsirigotis S, Polikandrioti M, **Alikari V**, Dousis E, Koutelekos I, Toulia G, Pavlatou N, Panoutsopoulos GI, Leftheriotis D, Gerogianni G. Factors associated with fatigue in patients undergoing hemodialysis. *Cureus*. 2022; 14(3): e2299
 12. Veleleku A, Papathanasiou IV, **Alikari V**, Papagiannis D, Tsaras K, Fradelos EC. Factors influencing the duration of hospitalization of patients with schizophrenia. *Med Pharm Rep.* 2022; 95(3):290-299.
 13. Fradelos EC, Montegrigo J, Cornelius J, Bakalis V, Malliarou M, Papathanasiou IV, Faso G, Kelesi M, Kaba E, **Alikari, V.** (2022). Translation and Validation of Nursing Students' Knowledge and Attitudes of Lesbian, Gay, Bisexual, Transgender Health Concerns Survey in the Greek Language. *Healthcare*. 10(12),2547.
 14. **Alikari V**, Gerogianni G, Fradelos EC, Kelesi M, Kaba E, Zyga, S. (2022). Perceptions of caring behaviors among patients and nurses. *Int. J. Environ. Res. Public Health*,20(1), 396.
 15. **Alikari V**, Fradelos EC. Translation, cultural adaptation, validity, and internal consistency of the Greek Version of the Individual Workload Perceptions Scale-Revised. *Cureus*. 2021;13(10):e19174. <https://doi.org/10.7759/cureus.19174>.
 16. **Alikari V**, Fradelos EC, Giannakopoulou N, Gerogianni G, Efstathiou F,Lavdaniti M, ZygaS. Translation, cultural adaptation, validation and internal consistency of the Factors of Nurses Caring Behavior. *Mater Sociomed.* 2021;33(1):34-40.
<https://doi.org/10.5455/msm.2021.33.34-40>.
 17. **Alikari V**, Fradelos EC, Papastavrou E,Alikakou S, Zyga S.Psychometric properties of the Greek version of the Caring Behaviors Inventory-16. *Cureus*. 2021;13(5):e15186.
<https://doi.org/10.7759/cureus.15186>.
 18. Fradelos EC, Latsou D, **Alikari V**, Papathanasiou IV, Roupa A, Balang V, Tsaras K, Papagiannis D, Tzavella F. Greek nurses' perception of hospital ethical climate: A cross-sectional study. *Adv Exp Med Biol.* 2021;1337:17-25.
https://doi.org/10.1007/978-3-030-78771-4_3.
 19. Gerogianni G, Polikandrioti M, **Alikari V**, Vasilopoulos G, Zartaloudi A, Koutelekos I,

- Kalafatakis F, Babatsikou F. Factors affecting anxiety and depression in caregivers of hemodialysis patients. *Adv Exp Med Biol.* 2021;1337:47-58.
https://doi.org/10.1007/978-3-030-78771-4_6.
20. Fradelos EC, **Alikari V**, Tsaras K, Papathanasiou IV, Tzavella F, Papagiannis D, Zyga S. The effect of spirituality in quality of life of hemodialysis patients. *J Relig Health.* 2021. <https://doi.org/10.1007/s10943-020-01153-x>.
 21. Fradelos EC, **Alikari V**, Balta K, Živanović D, Javorac J, Papagiannis D, Tzavella F, Tsaras K, Papathanasiou IV, Zyga S. The effect of spirituality on illness perceptions in patients undergoing hemodialysis. *Adv Exp Med Biol.* 2021;1337:65-75.
https://doi.org/10.1007/978-3-030-78771-4_8.
 22. Fradelos EC, **Alikari V**, Tsaras K, Papathanasiou IV, Tzavella F, Papagiannis D, Zyga S. Assessment of psychological distress in end stage renal disease: is it spirituality related? *Medicine and Pharmacy Reports.* 2021. 94(1), 79–87.
 23. Papathanasiou IV, Christidou A, **Alikari V**, Tsaras K, Malli F, Papagiannis D, Kontopoulou LB, Kourkouta L, Fradelos EC. The effect of emotional intelligence on caring behaviors among psychiatric nurses in Greece: emotional intelligence and caring behaviors in mental Healthcare. *Adv Exp Med Biol.* 2021;1337:217-225.
https://doi.org/10.1007/978-3-030-78771-4_25.
 24. Fradelos EC, **Alikari V**, Vus V, Papathanasiou IV, Tsaras K, Tzavella F, Lekka D. Assessment of the relation between religiosity, anxiety, depression and psychological resilience in nursing staff. *Health Psychology Research.* 2020; 8(1): 8234.
<https://doi.org/10.4081/hpr.2020.8234>.
 25. Gerogianni G, Polikandrioti M, Babatsikou F, Zyga S, **Alikari V**, Vasilopoulos G, Gerogianni S, Grapsa E. Anxiety-depression of dialysis patients and their caregivers. *Medicina (Kaunas, Lithuania).* 2019; 55(5):168.<https://doi.org/10.3390/medicina55050168>.
 26. Polikandrioti M, Vasilopoulos G, Koutelekos I, Panoutsopoulos G, Gerogianni G, **Alikari V**, Dousis E, Zartaloudi A. Depression in diabetic foot ulcer: Associated factors and the impact of perceived social support and anxiety on depression. *Int. Wound J.* 2020; 7(4): 900-909. <https://doi.org/10.1111/iwj.13348>
 27. Lavdaniti M, Patrikou P, Prapa PM, Vastardi M, Fradelos EC, Papathanasiou IV, Tzavella F, **Alikari V**, Tzavelas G. A cross-sectional study for assessing perceived symptoms, depression and quality of life in advanced lung cancer patients. *JBUON* 2021; 26(5): 1824-1831.
 28. Fradelos E, Alexandropoulou CA, Kontopoulou L, **Alikari V**, Papagiannis D, Tsaras K, Papathanasiou IV. The effect of hospital ethical climate on nurses' work-related quality of life: A cross-sectional study. *Nursing Forum*, 2021, 1-8.
 29. Adamopoulou F, **Alikari V**, Zyga S, Tsironi M, Tzavella F, Giannakopoulou N, Theofilou P. The effect of fatigue and pain self- efficacy on health-related quality of life among patients with multiple sclerosis. *Mater Sociomed.* 2019; 31(1): 40-44.
 30. **Alikari V**, Tsironi M, Matziou V, Tzavella F, Stathoulis J, Babatsikou F, Fradelos E, Zyga S. The impact of education on knowledge, adherence and quality of life among patients on haemodialysis. *Qual Life Res.* 2019; 28(1):73-83.
<https://doi.org/10.1007/s11136-018-1989-y>.
 31. Kasdovasilis P, **Alikari V**, Zyga S, Guppy A, Theofilou P. Film clips smoking behavior and nicotine craving: The interrelationship between stress, smoking cues and craving. *Psychiatriki*, 2019; 30(3): 226-234. <https://doi.org/10.22365/jpsych.2019.303.226>.
 32. Fanakidou I, Zyga S, **Alikari V**, Tsironi M, Stathoulis J, Theofilou P. Mental health, loneliness, and illness perception outcomes in quality of life among young breast cancer patients after mastectomy: the role of breast reconstruction. *Qual Life Res.* 2018; 27(2):539-543. <https://doi.org/10.1007/s11136-017-1735-x>.
 33. Tzeletopoulou A, Alikari V, Zyga S, Tsironi M, Lavdaniti M, Theofilou P. Are burnout syndrome and depression predictors for aggressive behavior among mental health care professionals? *Med Arch.* 2018;72(4):244-248.

34. **Alikari V**, Tsironi M, Matziou V, Babatsikou F, Psillakis K, Fradelos E, Zyga S. Adherence to therapeutic regimen in adult patients undergoing hemodialysis: the role of demographic and clinical characteristics. *Int Arch Nurs Health Care*. 2018; 4:096, <http://doi.org/10.23937/2469-5823/1510096>.
35. **Alikari V**, Matziou V, Tsironi M, Kollia N, Theofilou P, Aroni A, Fradelos E, Zyga S. A modified version of the Greek Simplified Medication Adherence Questionnaire for hemodialysis patients. *Health Psychology Research*. 2017; 5(1): 6647.
36. Lymperopoulos G, Lymperopoulos P, **Alikari V**, Dafogianni C, Zyga S, Margari N. Application of theranostics in oncology. *Adv Exp Med Biol*. 2017; 989:119-128.
37. Lymperopoulos G, Lymperopoulos P, **Alikari V**, Dafogianni C, Zyga S, Margari N. Applications for Electrical Impedance Tomography (EIT) and electrical properties of The human body. *Adv Exp Med Biol*. 2017; 989:109-117.
38. Stathoulis J, Tsironi M, Konofaos N, Zyga S, **Alikari V**, Fradelos EC, Bakola H, Panoutsopoulos G. Evaluation of pulse oximetry knowledge of Greek registered nurses. *Adv Exp Med Biol*. 2017; 988:89-96.
39. **Alikari V**, Sachlas A, Giatrakou S, Stathoulis J, Fradelos EC, Theofilou P, Lavdaniti M, Zyga S. Fatigue in Arthritis: A multidimensional phenomenon with impact on quality of life. *Adv Exp Med Biol*. 2017; 987:243-256.
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41. Patra P, **Alikari V**, Fradelos EC, Sachlas A, Kourakos M, Rojas Gil AP, Babatsikou F, Zyga S. Assessment of depression in elderly. Is perceived social support related? A nursing home study. *Adv Exp Med Biol*. 2017; 987:139-150. http://doi.org/10.1007/978-3-319-57379-3_13.
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43. Fradelos EC, Tzavella F, Koukia E, Tsaras K, Papathanasiou IV, Aroni A, **Alikari V**, Ralli M, Bredle J, Zyga S. The translation, validation and cultural adaptation of functional assessment of chronic illness therapy - spiritual well-being 12 (facit-sp12) scale in Greek language. *Mater Sociomed*. 2016; 28(3):229-34. <http://doi.org/10.5455/msm.2016.28.229-234>.
44. Zyga S, Mitrousi S, **Alikari V**, Sachlas A, Stathoulis J, Fradelos E, Panoutsopoulos G, Maria L. assessing factors that affect coping strategies among nursing personnel. *Mater Sociomed*. 2016 Apr; 28(2):146-50. <http://doi.org/10.5455/msm.2016.28.146-150>.
45. Zyga S, **Alikari V**, Sachlas A, Stathoulis J, Aroni A, Theofilou P, Panoutsopoulos G. Management of pain and quality of life in patients with chronic kidney disease undergoing hemodialysis. *Pain Manag Nurs*. 2015; 16(5):712-20. <http://doi.org/10.1016/j.pmn.2015.03.004>. Fradelos E, Tzavella F, Koukia E, Papathanasiou I, **Alikari V**, Stathoulis J, Panoutsopoulos G, Zyga S. Integrating chronic kidney disease patient's spirituality in their care: health benefits and research perspectives. *Mater Sociomed*. 2015; 27(5):354-358. <http://doi.org/10.5455/msm.2015.27.354-358>.
46. Zyga S, **Alikari V**, Sachlas A, Fradelos E, Stathoulis J, Panoutsopoulos G, Georgopoulou M, Theophilou P, Lavdaniti M. Assessment of fatigue in end stage renal disease Patients undergoing hemodialysis: prevalence and associated factors. *Medical Archives*. 2015; 69(6):376-380. <http://doi.org/10.5455/medarh.2015.69.376-380>.
47. Kousoula G, Lagou L, Lena M, **Alikari V**, Theofilou P, Polikandrioti M. Quality of life in hemodialysis patients. *Mater Sociomed*. 2015; 27(5): 305-309. <http://doi.org/10.5455/msm.2015.27.305-309>.
48. Skoulatou M, **Alikari V**, Toulia G, Kavga A, Govina O, Siopi D, Zormba I, Skoulatou

- C, Gerogianni G. Efficacy of antimicrobial lock solutions against catheter-related infections in hemodialysis patients. *Global Journal of Health Science*. 2021; 13(4): 72-85. <http://doi.org/10.5539/gjhs.v13n4p72>.
49. Goula I, **Alikari V**, Charalampous G, Tzavella F, Zyga S, Tsironi M, Theofilou P. (2020). Social support and quality of life in Greek women with breast cancer during chemotherapy and two years later. *Health Psychology Report*. 8(2): 97-106. <http://doi.org/10.5114/hpr.2020.93757>.
50. Anterrioti Ch, **Alikari V**, Kelesi, M. (2020). The effect of the burden of patient care with cancer on family caregivers. *Progress in Health Sciences*. 10(1):102-107. <http://doi.org/10.5604/01.3001.0014.1915>.
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52. Giournta AM, **Alikari V**, Platis C, Oikonomopoulou G, Alefragkis D, Theofilou P. (2020). Assessing the quality of life and depression among patients with heart failure and heart attack. *Health Psychology Report*. 8(3): 211-218.
53. Makris D, **Alikari V**, Zyga S, Tsironi M, Patelarou A, Platis Ch, Theofilou P. Predictors of personal accomplishment among the professionals working in community mental health settings. *Journal of Behavioral Health*. 2020; 9(1):274-299.
54. Nikolaou I, **Alikari V**, Tzavella F, Zyga S, Tsironi M, Theofilou P. Predictors of anxiety and depressive symptoms among Greek nurses. *Journal of Health Sciences*. 2020;10(1):90-98. <https://doi.org/10.17532/jhsci.2020.856>.
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56. Benetou S, Tsirigotis S, Dousis E, **Alikari V**, Evangelou E, Koutelekos I, Zartaloudi A, Gerogianni G. Concerns of hemodialysis patients. *Health & Research Journal*. 2020; 6(2): 56-65. <https://doi.org/10.12681/healthresj.23316>
57. Kouris S, **Alikari V**, Gerali M, Dafogianni C. Investigating doctor views on e-health cards. *International Journal of Reliable and Quality E-Healthcare*. 2020; 9(3): 35-51. <http://doi.org/10.4018/IJROEH.2020070103>.
58. Sfikas S, **Alikari V**, Kourti FE, Dafogianni Ch. Burnout syndrome in Greek doctors: the role of specialty. *International Journal of Reliable and Quality E-Healthcare*. 2021; 10(1): 41-52. <http://doi.org/10.4018/IJROEH.2021010104>.
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- B. Δημοσιεύσεις σε ελληνικά επιστημονικά περιοδικά**
60. Αλιμπέρτη Α, Τσιρώνη Μ, Ρόχας Χιλ Ανδρέα Παόλα, **Αλικάρη Β**, Κυράνου Μ, Ζυγά Σ. Διαταραχή Επιπέδων ΑροΑ, ΑροΒ, Lp(a) σε ασθενείς με κακοήγη νεοπλάσματα μαστού κατά τη διάρκεια της χημειοθεραπείας. *ΝΟΣΗΛΕΥΤΙΚΗ* 2021, 60(3): 326–335

Conferences-Other Activities

Conferences

80 presentations and lectures in Greek and international conferences.

Other activities

1 book: Hemodialysis. Answers to common questions. 1st ed. Athens, 2017, BHTA ed. ISBN: 978-960-452-236-1.

Editorial member and reviewer in the journals "Archives of Hellenic Medicine", "Hellenic Journal of Nursing", and "Global Journal of Health Science."